

The Alaska Women's Show

(Schedule of Events for: Friday, September 25th thru Sunday, September 27th)

Friday, September 25th (12:00 PM)

Title:	Description:	Location:
Young Living Essential Oil: "Women's Health After 30"	Learn about the physiological changes that take place with aging after 30, as well as the steps that can be taken to live a healthy lifestyle.	VIP Lounge

Friday, September 25th (1:00PM)

Title:	Description:	Location:
NOVA: "Ultherapy Updates & Conscious Sedation"	Come and learn about the new uses, applications, and updates on Ultherapy! Specifically highlighting Conscious Sedation, which is a comfortable treatment option exclusively offered by NOVA. Ultherapy is a revolutionary technology that is the first & only FDA approved, non-invasive procedure that uses the body's own natural healing process to lift, tone, & tighten loose skin. Experience both lifting & tightening with the beauty of sound!	VIP Lounge

Friday, September 25th (2:00 PM)

Title:	Description:	Location:
Majority Arms: "Firearm Protection for Women - Essentials for Choosing a Personal Protection Firearm"	Learn about what to look for when purchasing a self-defense firearm for a woman, how to fit a firearm, necessary sites and triggers for self defense, the pros and cons of semi-automatic and revolvers for personal protection, as well as firearm safety.	VIP Lounge

Friday, September 25th (3:00 PM)

Title:	Description:	Location:
Plexus Worldwide: "Health Begins in the Gut"	More than 40 diseases have been linked to bacterial imbalance of the gut, including: depression, arthritis, IBS, and cancer. In addition, 70-90% of your immune system is located in your GI tract, so keeping a health and balanced gut is vital. Learn about the natural products Plexus makes that work on getting your gut back to a healthy balance.	VIP Lounge

Friday, September 25th (4:00 PM)

Title:	Description:	Location:
Career Transitions: "Job Hunting in a Tight Economy"	Learn techniques and strategies to tap into the hidden job market, find unadvertised vacancies, and create your own job.	VIP Lounge

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(Schedule of Events for: Friday, September 25th thru Sunday, September 27th)

Saturday, September 26th (12:00 PM)

Title:	Description:	Location:
Home Optics: "Parade of Stars"	Don't miss this exciting fashion show focusing on current eyewear fashions and trends that are fun, unusual, unique, and one of a kind – Designed specifically for each individual client.	Main Stage
Mattress Galleria By Treeforms: "What Proper Sleep Can Do For You"	We will be presenting an informative seminar on the benefits of proper sleep and good rest. Experts will explain the advances in mattress technology that result in improved sleep, rest, health, and ultimately quality of life.	VIP Lounge

Saturday, September 26th (1:00 PM)

Title:	Description:	Location:
Alaska Dance Promotions: "Dance Showcase"	This action-packed dance performance includes a brief introduction, followed by a handful of dance solos, couples, and group dancing to a variety of music.	Main Stage
NOVA: "Ultherapy Updates & Conscious Sedation"	Come and learn about the new uses, applications, and updates on Ultherapy! Specifically highlighting Conscious Sedation, which is a comfortable treatment option exclusively offered by NOVA. Ultherapy is a revolutionary technology that is the first & only FDA approved, non-invasive procedure that uses the body's own natural healing process to lift, tone, & tighten loose skin. Experience lifting & tightening with the beauty of sound!	VIP Lounge

Saturday, September 26th (2:00 PM)

Title:	Description:	Location:
Anchorage Opera: "Passport to Passion Fashion Show"	Enjoy a sneak peek of the opulent costumes to be featured in Anchorage Opera's "Passport to Passion" 2015-16 Season. Travel the world with costumes from 'Sensual Spain' (<i>Carmen</i>), 'Arousing Argentina' (<i>Maria de Buenos Aries</i>) and 'Titillating Titipu, Japan' (<i>The Mikado</i>). An up close & personal look at what the Stars of the stage will be wearing this season!	Main Stage
Career Transitions: "Navigating Transitions and Managing Life Chapters"	Would you like to learn how to author your future, no matter what your situation or age? Lives and careers are filled with constant change – tap your core values and plan the future you want!	VIP Lounge

Saturday, September 26th (3:00 PM)

Title:	Description:	Location:
The Beauty Room: "The Beauty Room Boutique Fashion Show"	Don't miss this exciting fashion show featuring fashions for the eternally hip!	Main Stage
Majority Arms: "Firearm Protection for Women - Choosing a Firearm"	Learn about what to look for when purchasing a self-defense firearm for a woman, how to fit a firearm, necessary sites and triggers for self defense, the pros and cons of semi-automatic and revolvers as well as firearm safety.	VIP Lounge

Saturday, September 26th (4:00 PM)

Title:	Description:	Location:
Rage City Roller Girls: "Get Your Rage On!"	All About Rollergirls – Rollerderby 101! Learn what it takes to become a Rollergirl, watch some exciting Rollerderby demonstrations, and learn how to become involved.	Main Stage
Whole Family Chiropractic: "Raising Healthy Families"	Learn how to obtain real, lasting health together, as a family. Dr. Ryan Dachowski will provide you with the knowledge on how to live a healthy life together through nutrition.	VIP Lounge

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(Schedule of Events for: Friday, September 25th thru Sunday, September 27th)

Sunday, September 27th (12:00 PM)

Title:	Description:	Location:
Primetime Dancers: "Jazz & Modern Dance Spectacular"	This exciting dance performance shows you that age truly doesn't define your ability to dance! These dancers, ranging in ages from 62 to 86, will surpass all of your expectations with their amazing dance performances.	Main Stage
Majority Arms: "Firearm Protection for Women: Choosing a Firearm"	Learn about what to look for when purchasing a self-defense firearm for a woman, how to fit a firearm, necessary sites and triggers for self defense, the pros and cons of semi-automatic and revolvers for personal protection, as well as firearm safety.	VIP Lounge

Sunday, September 27th (1:00 PM)

Title:	Description:	Location:
Hafi Harim: "Middle Eastern Dances"	Experience the beauty, mystique, and magic of Middle Eastern dance, as they share their love of dance. From joyful traditional dances passed from mothers to daughters, sisters, and aunts, to modern fusion pieces showcasing new choreography enchanting people of all ages.	Main Stage
NOVA: "Ultherapy Updates & Conscious Sedation"	Come and learn about the new uses, applications, and updates on Ultherapy! Specifically highlighting Conscious Sedation, which is a comfortable treatment option exclusively offered by NOVA. Ultherapy is a revolutionary technology that is the first & only FDA approved, non-invasive procedure that uses the body's own natural healing process to lift, tone, & tighten loose skin. Experience lifting & tightening with the beauty of sound!	VIP Lounge

Sunday, September 27th (2:00 PM)

Title:	Description:	Location:
The Alaska Club: "Pi Yo Live and Zumba Troupe"	This performance is a mix of two popular group fitness styles. Pi Yo Live is a modern fusion of Pilates, Yoga, and conditioning exercises that targets the total body using flow moves that are set to upbeat and empowering music.	Main Stage
Career Transitions: "Career Development – Puzzle or Plan?"	If you are under 35 today, you will job-hunt every 1 to 3 years. If you are over 35, you will job hunt every 5 to 8 years. Do you have a career plan? Downsizing, outsourcing, and contract labor have altered how we work. Learn how to handle career transitions and best position yourself for success in the workplace.	VIP Lounge

Sunday, September 27th (3:00 PM)

Title:	Description:	Location:
Gaia Tribal Belly Dance: "Improvisational Tribal Belly Dancing Showcase"	Don't miss this amazing performance featuring belly dancing by the Gaia Tribal Belly Dancers that incorporates traditional Middle Eastern dance with dances from other cultures, such as: Spanish, African, Indian, and barefoot dance from around the world.	Main Stage
Norwex: "Cleaning Without Chemicals"	Sidestep the dangers of toxic chemical cleaners in your home. Discover how to get the real clean, leaving your surfaces free of harmful residue. Free yourself and pets from exposure to chemicals and toxins for good! Come have some fun and learn through demonstrations in an interactive format.	VIP Lounge

Sunday, September 27th (4:00 PM)

Title:	Description:	Location:
Body Renew: "Welcome to the Zumba Party!"	Come watch our Zumba Party! It combines a high-energy cardiovascular workout with pulsating Latin music into a fun, calorie burning experience.	Main Stage
Plexus Worldwide: "Health Begins in Your Gut"	More than 40 diseases have been linked to bacterial imbalance of the gut, including: depression, arthritis, IBS, and cancer. In addition, 70-90% of your immune system is located in your GI tract, so keeping a healthy and balanced gut is vital. Learn how to get your gut back to a healthy balance.	VIP Lounge

